

Each stem must be answered with true or false. Each stem carries one mark. There will be no negative marking.

1. ASRA recommendation regarding epidural catheter removal
 - a) It should be removed in unwitnessed disconnect of more than 8 hours.
 - b) It can be removed in patient with an INR of >1.5
 - c) It should be removed when distal menisci has migrated > 5 inches (non static fluid state) from the disconnected end
 - d) Can be safely removed within twelve hours after the last inadvertent therapeutic dose of LMWH.
2. ASRA recommendation for neuraxial anaesthesia states
 - a) After a traumatic neuraxial puncture, LMWH should be withheld for 12 hours .
 - b) Clopidogrel should be stopped for at least 7 days prior to neuraxial blocks .
 - c) Ticlopidine should be stopped for at least 10 days prior to neuraxial blocks.
 - d) An interval of three days after Rivaroxaban for Epidural insertion.
3. Regarding neuraxial anaesthesia in febrile and infected patients, the practice advisory is .
 - a) Except in the most extraordinary circumstances, central neuraxial block should not be performed in patients with untreated systemic infection.
 - b) spinal anaesthesia should not be performed in patients with risk of low grade transient bacteremia after dural puncture.
 - c) Spinal anaesthesia can be safely provided to patients with secondary Herpes Simplex type 2 for LSCS.
 - d) Patients with evidence of systemic infection may safely undergo spinal anesthesia, provided appropriate antibiotic therapy is initiated before dural puncture and the patient has shown a response to therapy.

4. Regarding ankle block
 - a) The Tibial nerve supplies the sole of the foot .
 - b) The Sural nerve is formed from branches of the saphenous nerve .
 - c) The Superficial Peroneal nerve supplies the web space between the first and second toe.
 - d) The saphenous nerve supplies the medial aspect of the ankle joint.
5. Regarding Median nerve
 - a) It lies mostly lateral to the axillary artery in the upper part of upper arm.
 - b) It lies medial to the brachial artery in the cubital fossa.
 - c) It supplies the flexor muscles in the anterior compartment, part of flexor Digitorum Profundus in the forearm but not Flexor Carpi Ulnaris .
 - d) Stimulation of median nerve in upper arm causes extention at wrist.
6. Regarding local anaesthetics
 - a) Lignocaine and tetracaine are both amides.
 - b) Bupivacaine and mepivacaine are both amides.
 - c) Procaine and amethocaine are metabolized to Para-aminobenzoic acid.
 - d) Optical isomers are mirror images which can be superimposed on each other.
7. In muscle plane block,
 - a) Local anaesthetic is deposited between Pectoralis major and Pectoralis minor muscle in PEC 1 block.
 - b) Local anaesthetic is deposited between external oblique and internal oblique muscle in TAP block.
 - c) Local anaesthetic is deposited between Adductor longus and adductor brevis to block anterior division of obturator nerve.
 - d) Local anaesthetic is deposited under the anterior border of sternocleidomastoid muscle to block superficial cervical plexes.

8. About rheobase and chronaxie

- a) Rheobase is the minimum current required to stimulate a nerve.
- b) Chronaxie is the minimum time required for an electric current double the strength of the rheobase to stimulate a muscle or a neuron.
- c) Chronaxie of A-alpha fibers is longer than c fibres.
- d) In diabetic patients, chronaxie gets prolonged.

9. About peripheral nerve stimulation

- a) the relationship between the stimulus intensity and the distance from the nerve is governed by Coulombs law: $E=K (Q/r^2)$ where E is the current required, K a constant, Q the minimal current, and r the distance.
- b) Stimulation at less than 0.2 ma is safe for performing nerve block.
- c) A frequency of 2 HZ is better than 1 HZ.
- d) Nerve stimulators are designed to be constant current generator.

10. Pertaining to neurological complications after neuraxial anaesthesia

- a) Highest incidence of Transient neurologic symptoms has been seen with intra-theal Bupivacaine.
- b) Anterior spinal artery syndrome is seen most often in elderly, onset is acute with patchy sensory involvement and flaccid paralysis.
- c) Cauda Equina Syndrome is characterized by loss of bowel, bladder control and erectile dysfunction.
- d) In epidural abscess there is fever, raised TLC and spastic paralysis followed by flaccid paralysis.

Answers

1	T	F	T	F
2	F	T	T	T
3	T	F	T	T
4	T	F	F	T
5	T	T	T	F
6	F	T	T	F
7	T	F	T	F
8	T	T	F	T
9	T	F	T	T
10	F	T	T	F

IDRA --- Part 1